

K.I.D.S. DAY CAMP MENU 2010

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
# 1 JUNE 28 - JULY 2	MEAT RAVIOLI OR PENNE WITH TOMATO SAUCE	CHICKEN FINGERS WITH RICE OR TOFU VEGETABLE STIR-FRY WITH RICE	COLD DELI SUBS WITH CHIPS OR VEGETARIAN CLUB WITH SWISS CHEESE AND CHIPS	TURKEY WITH MASHED POTATO OR RIGATONI WITH MUSHROOMS AND CHEESE	MEAT CHILI OVER RICE OR VEGETARIAN CHILI OVER RICE
# 2 JULY 5 - JULY 9	CHINESE MACCARONI OR PASTA PRIMAVERA	TURKEY WRAP WITH CHIPS OR SPRING ROLLS WITH RICE	CHICKEN BURGER WITH CHIPS OR VEGGIE WRAPS WITH CHIPS	BEEF BRISKET WITH MASHED POTATO OR CHEESE TORTELLINI IN A ROSEE SAUCE	PINAPPLE CHICKEN WITH RICE OR VEGGIE STIR-FRY WITH RICE
# 3 JULY 12 - JULY 16	PENNE WITH MEAT SAUCE OR RIGATONI WITH MUSHROOMS AND CHEESE	CHICKEN STIR-FRY WITH RICE OR VEGETABLE QUESADILLAS	PEPPERONI PIZZA OR VEGETABLE PIZZA	BEEF AND BROCCOLI WITH RICE OR ORIENTAL NOODLES	BBQ CHICKEN LEGS WITH MASHED POTATO OR CHEESE TORTELLINI IN A ROSEE SAUCE
# 4 JULY 19 - JULY 23	MEAT LASAGNA OR VEGETARIAN LASAGNA	CHICKEN A LA KING WITH PASTA OR VEGETARIAN STIR-FRY WITH RICE	GENERAL TAO CHICKEN WITH RICE OR SPRING ROLLS WITH RICE	SPAGHETTI WITH MEAT SAUCE OR VEGETABLE PIZZA	TURKEY WITH POTATO AND GRAVY OR FETTUCCHINI ALFREDO
# 5 JULY 26 - JULY 30	MEAT RAVIOLI OR CHEESE TORTELLINI IN A ROSEE SAUCE	CHICKEN BURGER WITH RICE OR VEGETABLE STIR-FRY WITH RICE	BEEF STIR-FRY WITH RICE OR PASTA PRIMAVERA	CHICKEN BROCHETTE WITH RICE OR VEGETABLE QUESADILLAS	TURKEY WITH ROAST POTATO & GRAVY OR VEGGIE WRAPS AND CHIPS
# 6 AUG. 2 - AUG. 6	SPAGHETTI WITH MEAT SAUCE OR RIGATONI WITH MUSHROOMS AND CHEESE	GENERAL TAO CHICKEN WITH RICE OR GRILLED VEGGIE WRAP WITH CHIPS	BEEF BRISKET WITH POTATOES OR VEGETARIAN LASAGNA	COLD DELI SUBS WITH CHIPS OR VEGETARIAN CLUB WITH SWISS CHEESE AND CHIPS	PINAPPLE CHICKEN AND RICE OR PASTA WITH TOMATO SAUCE
# 7 AUG. 9 - AUG. 13	CHINESE MACCARONI OR VEGETABLE STIR-FRY WITH RICE	CHICKEN BROCHETTE WITH RICE OR ORIENTAL NOODLES	BEEF AND BROCCOLI WITH RICE OR VEGETARIAN PIZZA	PENNE WITH MEAT SAUCE OR VEGETABLE QUESADILLAS	TURKEY WITH POTATOES AND GRAVY OR SPRING ROLLS WITH RICE
# 8 AUG. 16 - AUG. 20	BEEF STIR-FRY WITH NOODLES OR VEGGIE STIR-FRY WITH RICE	GENERAL TAO CHICKEN WITH RICE OR VEGGIE WRAPS WITH CHIPS	CLUB SANDWICH WITH CHIPS OR VEGETARIAN CLUB WITH SWISS CHEESE AND CHIPS	BBQ CHICKEN LEGS WITH RICE OR CHEESE TORTELLINI IN A ROSEE SAUCE	BEEF BRISKET WITH POTATOES OR PASTA WITH TOMATO SAUCE